Name	Desktop key	Laptop key	Touch	Description
Starts or restarts NVDA	Control+alt+n	Control+alt+n	none	Starts or restarts NVDA from the Desktop, if this Windows shortcut is enabled during NVDA's installation process. This is a Windows specific shortcut and therefore it cannot be reassigned in the input gestures dialog.
Stop speech	Control	control	2-finger tap	Instantly stops speaking
Pause Speech	shift	shift	none	Instantly pauses speech. Pressing it again will continue speaking where it left off (if pausing is supported by the current synthesizer)
NVDA Menu	NVDA+n	NVDA+n	2-finger double-tap	Pops up the NVDA menu to allow you to access preferences, tools, help, etc.
Toggle Speech Mode	NVDA+s	NVDA+s	none	Toggles speech mode between speech, beeps and off.
Toggle Input Help Mode	NVDA+1	NVDA+1	none	Pressing any key in this mode will report the key, and the description of any NVDA command associated with it
Quit NVDA	NVDA+q	NVDA+q	none	Exits NVDA
Pass next key through	NVDA+f2	NVDA+f2	none	Tells NVDA to pass the next key press straight through to the active application - even if it is normally treated as an NVDA key command
Toggle application sleep mode on and off	NVDA+shift+s	NVDA+shift+z	none	sleep mode disables all NVDA commands and speech/braille output for the current application. This is most useful in applications that provide their own speech or screen reading features. Press this command again to disable sleep mode - note that NVDA will only retain the Sleep Mode setting until it is restarted.