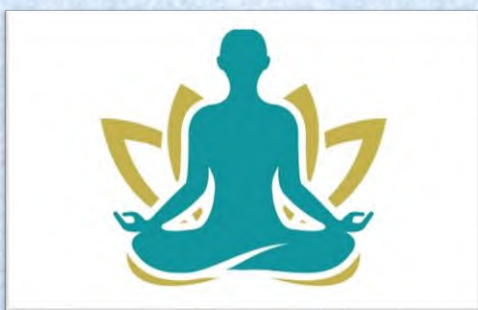


DR. D.Y. PATIL INSTITUTE OF OPTOMETRY AND VISUAL SCIENCES

ENJOY YOGA & WELLNESS



FROM 21ST FEBRUARY 2024 TO 24TH APRIL 2024 FROM 7 AM TO 8 AM AT YOGA HALL
2ND FLOOR, NEW UNIVERSITY BUILDING.

The session will include various yogasanas, pranayam, meditation and stress management

Yoga Instructor: Mr. Shrinivas Iyer

Schedule is as follows:

Sr no.	Topics	Date
1.	Bhadrasana and Meditation	21-02-2024
2.	Dandasana and Meditation	28-02-2024
3.	Shashankasana and Meditation	06-03-2024
4.	Bhujangasana and Meditation	13-03-2024
5.	Shalabhasana and Meditation	20-03-2024
6.	Uttana-Pada-Asana and Meditation	27-03-2024
7.	Vakrasana and Meditation	03-04-2024
8.	Makarasana and Meditation	10-04-2024
9.	Nadhishodana and Meditation	18-04-2024
10.	Ushtrasana and Meditation	24-04-2024

PROF. DR. VESHAL MADAN
DIRECTOR

Ref. No: DYPIOVS/CR/11A/2024

Date: 19/02/2024

CIRCULAR

To,

All Optometry Students,

This is to bring to your notice that the sessions for Yoga and wellness are scheduled as per the timetable mentioned below from 7:00 am – 8:00 am for Optometry students.

The session on yoga and wellness will help the students to inculcate components like exercise healthy diet rest relaxation for a healthy lifestyle. The lecture series will particularly focus on meditation techniques for mental well-being in the tough times. It will also help in developing and straightening positive mental health to withstand stress better.

Sr.No.	Topics	Date
1.	Bhadrasana and Meditation	21-02-2024
2.	Dandasana and Meditation	28-02-2024
3.	Shashankasana and Meditation	06-03-2024
4.	Bhujangasana and Meditation	13-03-2024
5.	Shalabhasana and Meditation	20-03-2024
6.	Uttana-Pada-Asana and Meditation	27-03-2024
7.	Vakrasana and Meditation	03-04-2024
8.	Makarasana and Meditation	10-04-2024
9.	Nadhishodana and Meditation	18-04-2024
10.	Ushitrasana and Meditation	24-04-2024

S. Banerjee
Coordinator



(Prof. Dr. Veshal Madan)
Director

Institute of Optometry and Visual Sciences

DIRECTOR
Dr. D.Y. PATIL INSTITUTE OF
OPTOMETRY & VISUAL SCIENCES
Pimpri, Pune - 411018.

PROF. DR. VESHAL MADAN
DIRECTOR

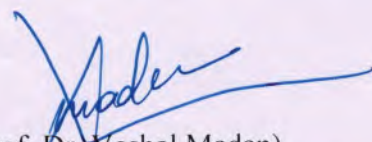
Participant List for Yoga Sessions 2023-2024

Sr. No	Name of Student
1	Swayam Subhash Gujar
2	Yash Vijaykumar Hegade
3	Amruta Dilip Lagad
4	Chandan Pradeep Patil
5	Mansi Manik Kale
6	Ananya Sharma
7	Asaad Shaikh
8	Prathamesh Suryawanshi
9	Muskan Shaikh
10	Tanvi Samalwar
11	Saira Khan
12	Khushi Kukade
13	Abhisek Ashok Khochare
14	Suryansh Pratap Singh
15	Shrutika More
16	Vishnukant Narvate
17	Sanika Erande
18	Shilpa Ghuge
19	Nishidh Panchal
20	Swati Kumari
21	Krishna Agrawal
22	Krishna Satish Kadam
23	Nikhade Siddhi Kailas
24	Patil Mayuri Jagdish
25	Vaishnavi Santosh Deshmukh
26	MD Faishal
27	Roqaiyya Chaudhary
28	Kadus Aditya Abhimanyu
29	Abnave Dyaneshwari Dattatray
30	Agawane Prerana Tukaram
31	Bhagat Pranita Sanjay
32	Bhosale Sanket Sambhaji
33	Bole Bhagyesh Pravin
34	Choudhary Rhishita Santosh
35	Dabhade Ashwini Bapurao
36	Dalve Geetanjali Mahadev
37	Dandge Sakshi Sanjay
38	Gadade Jayshree Mahadev
39	Gaikwad Janvi Gajanan
40	Galave Shubham Gundopant
41	Mohd Gaush Aeja Ghosi
42	Jadhav Nikita Rajendra
43	Jagtap Bhagyashri Shivaji

44	Jagtap Prerana Shrirang
45	Kodilkar Amruta Jitendra
46	Korde Chetan Murlidhar
47	Lawate Vaishnavi Anjanrao
48	Mane Vaishnavi Arjunrao
49	Mathpati Shraddha Somnath
50	Mendhe Shivani Sunil
51	Mirkale Onkar Satyanarayan
52	More Aditya Shankar
53	More Aniruddha Deepak
54	Patel Muskan Jamshed
55	Patil Sayali Suhas
56	Rajgiri Rakesh
57	Sakore Swyam Sambhaji
58	Salve Gunjan Shashikant
59	Sarkar Rudrakshee
60	Shaikh Anam Sameer
61	Shaikh Sameed Shafiyoddin
62	Shinde Udayraj Satish
63	Shintre Arya Shekhar
64	Sonawane Shruti Kalyan
65	Swetha S.
66	Jayswal Abhishek
67	Borale Aashka Deepak
68	Mane Shravani Mahendra
69	Mohammad Khizar Shaikh
70	Mushrif Ibrahim Sarfraj
71	Shinde Pratham Sharad
72	Sonavane Achyut Vitthal
73	Kale Harshal Kishor
74	Aghav Isha Pandharinath
75	Andure Bhakti Tukaram
76	Bagade Shreya Shirish
77	Barhanpure Mayuri Ankush
78	Barkale Yash Ramchandra
79	Belote Tejas Gorkshnath
80	Bhalerao Snehal Chandrakant
81	Dalvi Purvesh Anil
82	Deshmane Rohan, Vijay
83	Dongare Rutik Dattatray
84	Gadade Pranjal Dattatray
85	Gunthal Ganesh Ramhari
86	Hawale Ganesh Kailas
87	Jagtap Rutuja Vaibhav
88	Kamble Arnav Neeraj
89	Karvande Chetan Dattatray
90	Khamkar Priti Aba
91	Khan Saba Parvin Akhlaque
92	Kolage Laxman Sambhaji
93	Kolhapure Vaibhav Vinayak
94	Kulkarni Aakanksha Abhijit
95	Lonkar Saurabh Gajanan
96	Mane Vivek Vishwanath
97	Mohd Nehaluddin
98	Palande Asmita Anil

99	Pawar Omkar Appaso
100	Rajput Premjitsing Mohansing
101	Raut Manish Sambhaji
102	Salla Mahendhar
103	Sanas Swapnali Suryakant
104	Salve Priyanka Balaji
105	Sawant Harshangi Gajanan
106	Shendge Prajwal Bharat
107	Shinde Nilam Dnyaneshwar
108	Shravni Patel
109	Waje Shubham Balaji
110	Durkar Mayur Namdev
111	Jagtap Abhijeet Babasaheb
112	Jawale Rakhi Mohan
113	Jorvekar Nikhil Balasaheb
114	Mujalgekar Pranay Pandharinath
115	Pulate Dhanashree Vinod
116	Raut Ruchita Ravindra
117	Shaikh Ashpak Usman
118	Vankar Keerthana
119	Vashnavi Namdev
120	Wadkar Shrushti Sakham
121	Mohankumar
122	Priyanka - Raj
123	Divyani Anil Bagul
124	Febina K Thomas
125	Vaishnavi Kharabe
126	Sneha Kundu
127	Susmita Gope
128	Gayatri Bhalerao
129	Bhavya Mohan
130	Soumanetra Bose
131	Alakshi Thakur
132	Bharekar Shreya Data
133	Bhati Bhavna K.
134	Bina Sapkota
135	Laraib Fatima
136	Naik Ridhima Rajendra
137	Salve Ashwini Chandrakant
138	Sarita Gupta Baniya
139	Valiyapeediakal Fida Rafeeqe




 (Prof. Dr. Veshal Madan)
 Director

Institute of Optometry and Visual Sciences

DIRECTOR

Dr. D.Y. Patil Institute of Optometry and Visual Sciences, Sant Tukaram Nagar, Pimpri, Pune-18.

PH: 020-27805952 Ext-208 FAX: 020-27420439

Email: info.optom@dpu.edu.in, Website: optometry.dpu.edu.in

Dr. D.Y. Patil Institute of
 OPTOMETRY & VISUAL SCIENCES
 Pimpri, Pune - 411018.

Practical exam 2023-24 marks obtained in Enjoy Yoga & Wellness session

Sr. No.	Student Name	Marks Obtained Out of 20
1	Swayam Subhash Gujar	18
2	Yash Vijaykumar Hegade	17
3	Amruta Dilip Lagad	13
4	Chandan Pradeep Patil	15
5	Mansi Manik Kale	15
6	Ananya Sharma	17
7	Asaad Shaikh	12
8	Prathamesh Suryawanshi	17
9	Muskan Shaikh	15
10	Tanvi Samalwar	15
11	Saira Khan	15
12	Khushi Kukade	16
13	Abhisek Ashok Khochare	18
14	Suryansh Pratap Singh	13
15	Shrutika More	17
16	Vishnukant Narvate	16
17	Sanika Erande	13
18	Shilpa Ghuge	12
19	Nishidh Panchal	12
20	Swati Kumari	14
21	Krishna Agrawal	15
22	Krishna Satish Kadam	15
23	Nikhade Siddhi Kailas	14
24	Patil Mayuri Jagdish	12
25	Vaishnavi Santosh Deshmukh	17
26	MD Faishal	18
27	Roqaiyya Chaudhary	17
28	Kadus Aditya Abhimanyu	12
29	Abnave Dyaneshwari Dattatray	14
30	Agawane Prerana Tukaram	14
31	Bhagat Pranita Sanjay	18
32	Bhosale Sanket Sambhaji	14
33	Bole Bhagyesh Pravin	17
34	Choudhary Rhishita Santosh	16
35	Dabhade Ashwini Bapurao	18
36	Dalve Geetanjali Mahadev	13
37	Dandge Sakshi Sanjay	14
38	Gadade Jayshree Mahadev	12
39	Gaikwad Janvi Gajanan	18
40	Galave Shubham Gundopant	15
41	Mohd Gaush Aeja Ghosi	16
42	Jadhav Nikita Rajendra	14
43	Jagtap Bhagyashri Shivaji	12

44	Jagtap Prerana Shirang	11
45	Kodilkar Amruta Jitendra	13
46	Korde Chetan Murlidhar	14
47	Lawate Vaishnavi Anjanrao	17
48	Mane Vaishnavi Arjunrao	18
49	Mathpati Shraddha Somnath	17
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51	Mirkale Onkar Satyanarayan	18
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53	More Aniruddha Deepak	12
54	Patel Muskan Jamshed	15
55	Patil Sayali Suhas	18
56	Rajgiri Rakesh	13
57	Sakore Swyam Sambhaji	12
58	Salve Gunjan Shashikant	18
59	Sarkar Rudrakshee	18
60	Shaikh Anam Sameer	12
61	Shaikh Sameed Shafiyoddin	18
62	Shinde Udayraj Satish	15
63	Shintre Arya Shekhar	16
64	Sonawane Shruti Kalyan	14
65	Swetha S.	18
66	Jayswal Abhishek	16
67	Borale Aashka Deepak	14
68	Mane Shravani Mahendra	16
69	Mohammad Khizar Shaikh	14
70	Mushrif Ibrahim Sarfraj	13
71	Shinde Pratham Sharad	15
72	Sonavane Achyut Vitthal	18
73	Kale Harshal Kishor	19
74	Aghav Isha Pandharinath	17
75	Andure Bhakti Tukaram	14
76	Bagade Shreya Shirish	15
77	Barhanpure Mayuri Ankush	16
78	Barkale Yash Ramchandra	12
79	Belote Tejas Gorkshnath	18
80	Bhalerao Snehal Chandrakant	17
81	Dalvi Purvesh Anil	11
82	Deshmane Rohan Vijay	12
83	Dongare Rutik Dattatray	18
84	Gadade Pranjal Dattatray	15
85	Gunthal Ganesh Ramhari	17
86	Hawale Ganesh Kailas	18
87	Jagtap Rutuja Vaibhav	16
88	Kamble Arnav Neeraj	14
89	Karvande Chetan Dattatray	15
90	Khamkar Priti Aba	12
91	Khan Saba Parvin Akhlaque	12

92	Kolage Laxman Sambhaji	15
93	Kolhapure Vaibhav Vinayak	18
94	Kulkarni Aakanksha Abhijit	15
95	Lonkar Saurabh Gajanan	13
96	Mane Vivek Vishwanath	15
97	Mohd Nehaluddin	17
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100	Rajput Premjitsing Mohansing	15
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115	Pulate Dhanashree Vinod	18
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117	Shaikh Ashpak Usman	17
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119	Vashnavi Namdev	14
120	Wadkar Shrushti Sakhamam	11
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122	Priyanka - Raj	18
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124	Febina K Thomas	13
125	Vaishnavi Kharabe	15
126	Sneha Kundu	17

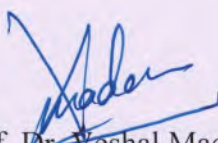


[Handwritten Signature]

DIRECTOR
Dr. D.Y. PATIL INSTITUTE OF
OPTOMETRY & VISUAL SCIENCES
Pimpri, Pune - 411018.

127	Susmita Gope	18
128	Gayatri Bhalerao	15
129	Bhavya Mohan	17
130	Soumanetra Bose	15
131	Alakshi Thakur	12
132	Bharekar Shreya Data	17
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134	Bina Sapkota	15
135	Laraib Fatima	15
136	Naik Ridhima Rajendra	17
137	Salve Ashwini Chandrakant	15
138	Sarita Gupta Baniya	17
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(Prof. Dr. Veshal Madan)
Director

Institute of Optometry and Visual Sciences

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OPTOMETRY & VISUAL SCIENCES
Pimpri, Pune - 411018.



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. _____

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



A handwritten signature in blue ink is located on the right side of the certificate, next to the text 'to 8 am at DYPIOVS.'.

Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

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This is to certify that,

Mr./Ms/Mrs. **Swayam Subhash Gujar**

has participated in the value added course “Enjoy Yoga and Wellness” from

21st Feb to 24th April 2024 to 8 am at
DYPIOVS.



A handwritten signature in black ink, appearing to read 'Veshal Madan', written over a horizontal line.

Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Yash Vijaykumar Hegade

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Amruta Dilip Lagad

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Chandan Pradeep Patil

has participated in the value added course “Enjoy Yoga and Wellness” from

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Mansi Manik Kale

has participated in the value added course “Enjoy Yoga and Wellness” from

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



A handwritten signature in black ink, appearing to read 'V. Madan', enclosed within a rectangular box.

Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Ananya Sharma

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Asaad Shaikh

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Prathamesh Suryawanshi

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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Dr. Prof. Veshal Madan

Director



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(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Muskan Shaikh

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



A handwritten signature in black ink, appearing to read 'V. Madan', written over a horizontal line.

Dr. Prof. Veshal Madan

Director



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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Tanvi Samalwar

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



A handwritten signature in black ink, appearing to read 'Veshal Madan', written over a horizontal line.

Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Saira Khan

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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Dr. Prof. Veshal Madan

Director



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(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Khushi Kukade

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



A handwritten signature in black ink, appearing to read 'Veshal Madan', written over a horizontal line.

Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Abhisek Ashok Khochare

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



A handwritten signature in black ink, appearing to read 'V. Madan', written over a horizontal line.

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Director



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(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Suryansh Pratap Singh

has participated in the value added course “Enjoy Yoga and Wellness” from

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



A handwritten signature in black ink, appearing to read 'Veshal Madan', written over a horizontal line.

Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Shrutika More

has participated in the value added course “Enjoy Yoga and Wellness” from

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



A handwritten signature in black ink, appearing to read 'Veshal Madan', written over a horizontal line.

Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Vishnukant Narvate

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



A handwritten signature in black ink, appearing to read 'Veshal Madan', written over a horizontal line.

Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Sanika Erande

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



A handwritten signature in black ink, appearing to read 'Veshal Madan', written over a horizontal line.

Dr. Prof. Veshal Madan

Director



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(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Shilpa Ghuge

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



A handwritten signature in black ink, appearing to read 'Veshal Madan', written over a horizontal line.

Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Nishidh Panchal

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
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Dr. Prof. Veshal Madan

Director



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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Swati Kumari

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
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Dr. Prof. Veshal Madan

Director



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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Krishna Agrawal

has participated in the value added course “Enjoy Yoga and Wellness” from

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Director



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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Krishna Satish Kadam

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Nikhade Siddhi Kailas

has participated in the value added course “Enjoy Yoga and Wellness” from

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Patil Mayuri Jagdish

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/MrS. Vaishnavi Santosh Deshmukh

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. MD Faishal

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Roqaiyya Chaudhary

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Kadus Aditya Abhimanyu

has participated in the value added course “Enjoy Yoga and Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Abnave Dnyaneshwari Dattatray**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Agawane Purna Tukaram**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Bhagat Pranita Sanjay**

has participated in the value added course “Enjoy Yoga and Wellness” from

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Bhosale Sanket Sambhaji**

has participated in the value added course “Enjoy Yoga and Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Bole Bhagyesh Pravin**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Choudhary Rhishita Santosh**

has participated in the value added course “Enjoy Yoga and Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Dabhade Ashwini Bapurao**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Dalve Geetanjali Mahadev**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,
Mr./Ms/Mrs. **Dandge Sakshi Sanjay**
has participated in the value added course “Enjoy Yoga and
Wellness” from
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Gadade Jayashri Mahadev**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Gaikwad Janvi Gajanan**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Galave Shubham Gundopant**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Ghosi Mohammad Gaush Aeja**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Jadhav Nikita Rajendra**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Jagtap Bhagyashri Shivaji**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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This is to certify that,

Mr./Ms/Mrs. **Jagtap Prerana Shrirang**

has participated in the value added course “Enjoy Yoga and
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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Kodilkar Amruta Jitendra**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Korde Chetan Murlidhar**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Lawate Vaishnavi Anjanrao**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Mane Vaishanavi Arjunrao**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Mathpati Shraddha Somnath**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Mendhe Shivani Sunil**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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This is to certify that,

Mr./Ms/Mrs. **Mirkale Onkar Satyanarayan**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **More Aditya Shankar**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **More Aniruddha Deepak**

has participated in the value added course “Enjoy Yoga and Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Patel Muskan Jamshed

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Patil Sayali Suhas**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. **Rajgiri Rakesh**

has participated in the value added course “Enjoy Yoga and
Wellness” from

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Rudrakshee Sarkar

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Sakore Swayam Sambhaji

**has participated in the value added course “Enjoy Yoga and
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Salve Gunjan Shashikant

has participated in the value added course “Enjoy Yoga and Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Shaikh Anam Sameer

**has participated in the value added course “Enjoy Yoga and
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This is to certify that,

Mr./Ms/Mrs. Shaikh Sameed Shafiyoddin

**has participated in the value added course “Enjoy Yoga and
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Shinde Udayraj Satish

**has participated in the value added course “Enjoy Yoga and
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This is to certify that,

Mr./Ms/Mrs. Shintre Arya Shekhar

**has participated in the value added course “Enjoy Yoga and
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Sonawane Shruti Kalyan

**has participated in the value added course “Enjoy Yoga and
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Swetha S

**has participated in the value added course “Enjoy Yoga and
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Dr. Prof. Veshal Madan

Director



Dr. D.Y. PATIL VIDYAPEETH, PUNE
(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Abhishek Jayswal

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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Dr. Prof. Veshal Madan

Director



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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Borale Aashka Deepak

has participated in the value added course “Enjoy Yoga and Wellness” from

**21st Feb to 24th April 2024 to 8 am at
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Director



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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Mane Shravani Mahendra

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
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Director



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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Mohammad Khizar Shaikh

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Mushrif Ibrahim Sarfraj

has participated in the value added course “Enjoy Yoga and Wellness” from

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Shinde Pratham Sharad

has participated in the value added course “Enjoy Yoga and Wellness” from

**21st Feb to 24th April 2024 to 8 am at
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Sonavane Achyut Vitthal

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Kale Harshal Kishor

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Aghav Isha Pandharinath

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Andure Bhakti Tukaram

has participated in the value added course “Enjoy Yoga and Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Bagade Shreya Shirish

has participated in the value added course “Enjoy Yoga and Wellness” from

**21st Feb to 24th April 2024 to 8 am at
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Barhanpure Mayuri Ankush

has participated in the value added course “Enjoy Yoga and Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Barkale Yash Ramchandra

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Belote Tejas Gorakshnath

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Bhalerao Snehal Chandrakant

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Dalvi Purvesh Anil

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Deshmane Rohan Vijay

has participated in the value added course “Enjoy Yoga and Wellness” from

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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Dongare Rutik Dattatray

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Gadade Pranjal Dattatray

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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Director



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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Gunthal Ganesh Ramhari

has participated in the value added course “Enjoy Yoga and Wellness” from

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Hawale Ganesh Kailas

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Jagtap Rutuja Vaibhav

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Kamble Arnav Neeraj

has participated in the value added course “Enjoy Yoga and Wellness” from

**21st Feb to 24th April 2024 to 8 am at
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Karvande Chetan Dattatray

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Khamkar Priti Aba

has participated in the value added course “Enjoy Yoga and Wellness” from

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Khan Saba Parvin Akhlaque

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Kolage Laxman Sambhaji

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Kolhapure Vaibhav Vinayak

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Kulkarni Aakanksha Abhijit

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Lonkar Saurabh Gajanan

has participated in the value added course “Enjoy Yoga and Wellness” from

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Mane Vivek Vishwanath

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Mohd Nehaluddin

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Palande Asmita Anil

has participated in the value added course “Enjoy Yoga and Wellness” from

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Pawar Omkar Appaso

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/MrS. Rajput Premjitsing Mohansing

has participated in the value added course “Enjoy Yoga and Wellness” from

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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Raut Manish Sambhaji

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Salla Mahendhar

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Sanas Swapnali Suryakant

has participated in the value added course “Enjoy Yoga and Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Savle Priyanka Balaji

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Sawant Harshangi Gajanan

has participated in the value added course “Enjoy Yoga and Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Shendge Prajwal Bharat

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

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Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Shinde Nilam Dnyaneshwar

**has participated in the value added course “Enjoy Yoga and
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This is to certify that,

Mr./Ms/Mrs. Shravni Patel

**has participated in the value added course “Enjoy Yoga and
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Waje Shubham Babaji

**has participated in the value added course “Enjoy Yoga and
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Durkar Mayur Namdev

has participated in the value added course “Enjoy Yoga and Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Jagtap Abhijit Babasaheb

**has participated in the value added course “Enjoy Yoga and
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Jawale Rakhi Mohan

has participated in the value added course “Enjoy Yoga and Wellness” from

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Director



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(DEEMED UNIVERSITY)

Dr. D.Y. Patil Institute of Optometry & Visual Sciences

“Enjoy Yoga & Wellness “

CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Jorvekar Nikhil Balasaheb

**has participated in the value added course “Enjoy Yoga and
Wellness” from**

**21st Feb to 24th April 2024 to 8 am at
DYPIOVS.**



A handwritten signature in black ink, appearing to read 'Veshal Madan', written over a horizontal line.

Dr. Prof. Veshal Madan

Director



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This is to certify that,

Mr./Ms/Mrs. Mujalgekar Pranay Pandharinath

has participated in the value added course “Enjoy Yoga and Wellness” from

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Director



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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Pulate Dhanashree Vinod

**has participated in the value added course “Enjoy Yoga and
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This is to certify that,

Mr./Ms/Mrs. Raut Ruchika Ravindra

has participated in the value added course “Enjoy Yoga and Wellness” from

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This is to certify that,

Mr./Ms/Mrs. Shaikh Ashpak Usman

has participated in the value added course “Enjoy Yoga and Wellness” from

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This is to certify that,

Mr./Ms/Mrs. Vaishnavi Namdev

**has participated in the value added course “Enjoy Yoga and
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This is to certify that,

Mr./Ms/Mrs. Vankar Keerthana

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This is to certify that,

Mr./Ms/Mrs. Wadkar Shrushti Sakharam

has participated in the value added course “Enjoy Yoga and Wellness” from

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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Mohankumar

**has participated in the value added course “Enjoy Yoga and
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This is to certify that,

Mr./Ms/Mrs. Priyanka Raj

**has participated in the value added course “Enjoy Yoga and
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This is to certify that,

Mr./Ms/Mrs. Divyani Anil Bagul

**has participated in the value added course “Enjoy Yoga and
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This is to certify that,

Mr./Ms/Mrs. Febina K Thomas

**has participated in the value added course “Enjoy Yoga and
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This is to certify that,

Mr./Ms/Mrs. **Vaishnavi Kharabe**

has participated in the value added course “Enjoy Yoga and
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CERTIFICATE OF PARTICIPATION

This is to certify that,

Mr./Ms/Mrs. Sneha Kundu

**has participated in the value added course “Enjoy Yoga and
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Dr. Prof. Veshal Madan

Director



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This is to certify that,

Mr./Ms/Mrs. Susmita Gope

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This is to certify that,

Mr./Ms/Mrs. Gayatri Bhalerao

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This is to certify that,

Mr./Ms/Mrs. Bhavya Mohan

**has participated in the value added course “Enjoy Yoga and
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This is to certify that,

Mr./Ms/Mrs. Soumanetra Bose

**has participated in the value added course “Enjoy Yoga and
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This is to certify that,

Mr./Ms/Mrs. Alakshi Thakur

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This is to certify that,

Mr./Ms/Mrs. Bharekar Shreya Data

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Mr./Ms/Mrs. Bhati Bhavna K

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Mr./Ms/Mrs. Bina Sabkota

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Mr./Ms/Mrs. Laraib Fatima

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This is to certify that,

Mr./Ms/Mrs. Naik Ridhima Rajendra

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This is to certify that,

Mr./Ms/Mrs. Salve Ashwini Chandrakant

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This is to certify that,

Mr./Ms/Mrs. Sarita Gupta Baniya

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This is to certify that,

Mr./Ms/Mrs. Valivapeediakal Fida Rafeeqe

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Dr. Prof. Veshal Madan

Director

PROF. DR. VESHAL MADAN
DIRECTOR

Ref. No.: DYPIOVS/RP/08B/2024

Date 26/04/2024

Yoga and Wellness Scheme Report

Dr. D. Y. Patil Institute of Optometry and Visual Sciences regularly conducted Yoga Sessions for Optometry students to develop better fitness and spiritual skills. This lecture was conducted on Wednesdays from 7:00 a.m. to 8:00 a.m. at the beginning of the academic year 2024-25. Mr. Shrinivas Iyer conducted this session. Overall, 139 participants enrolled for the session.

Sr.No.	Topics	Date
1.	Bhadrasana and Meditation	21-02-2024
2.	Dandasana and Meditation	28-02-2024
3.	Shashankasana and Meditation	06-03-2024
4.	Bhujangasana and Meditation	13-03-2024
5.	Shalabhasana and Meditation	20-03-2024
6.	Uttana-Pada-Asana and Meditation	27-03-2024
7.	Vakrasana and Meditation	03-04-2024
8.	Makarasana and Meditation	10-04-2024
9.	Nadhishodana and Meditation	18-04-2024
10.	Ushitrasana and Meditation	24-04-2024

S. Banerjee
Coordinator



V. Madan
(Prof. Dr. Veshal Madan)
Director

Institute of Optometry and Visual Sciences
DIRECTOR
Dr. D.Y. PATIL INSTITUTE OF
OPTOMETRY & VISUAL SCIENCES
Pimpri, Pune - 411018.